SILBERSCHNUR VERLAG

FOREIGN RIGHTS CATALOGUE

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2016

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176 pages, softcover

Lambert Diks

Using Your Mental Power to lose Weight

Is overweight hereditary? Can diets really be effective? And how can I finally become slim?

This book is for all overweight people who believe that they cannot change anything about their overweight.

Lambert Diks introduces you to your mental power. A power available to you round the clock that you are already using without knowing it.

This book teaches you how to consciously and positively make use of this mental power to weed out fattening thought patterns and lose weight in the process.

Finally, your door will be open to a life without being overweight!

LAMBERT DIKS

Lambert Diks was born in Indonesia, moved to the Netherlands at the age of 9 and has lived in Germany since 1974. He is a healing practitioner and Reiki master and helps people not only lose weight but also solve other problems in their lives. Because with his method, you can not only lose weight but also apply it to any problems in life.

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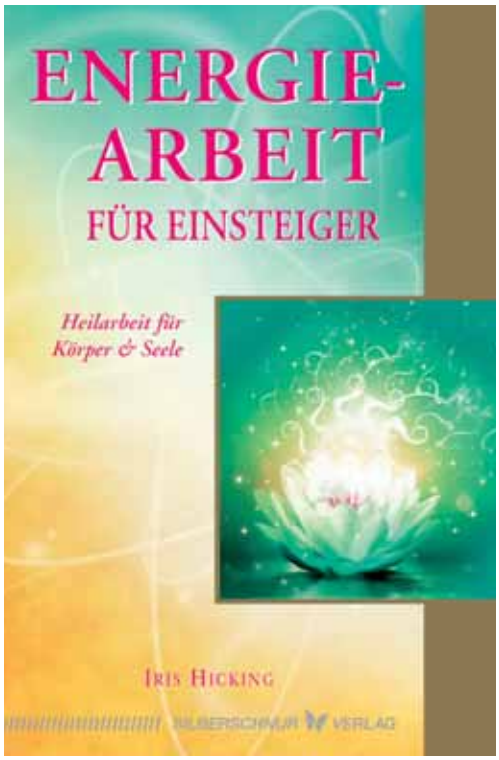

Iris Hicking

Energy Work for Beginners

Healing Work for Body & Soul

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160 pages, softcover

Useful tools for energy work

Holistic health begins at the energetic level because we all have an energetic body that is as essential for our wellbeing as our physical body.

Spirit healer Iris Hicking teaches you the basics of spiritual healing work. In an easily understandable way, Iris Hicking introduces you to the interpretation of diseases and guides you to work with subtle energies. She provides you with the right tools to successfully conduct energetic healing work.

IRIS HICKING

Iris A. Hicking, born in1971, never wanted to be who she is today: a witch, a healer, and a medium. But now she actually enjoys it! The author studied psychological counselling and also has a Reiki Grand Master degree, an education in runes, angel contacts and much more life has shown her.

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Julia Kathan

Just For a Little Bit of Love

No More Waiting and Pining!

RIGHTS SOLD:
CZECH REPUBLIC

192 pages, paperback

In our society, 'addiction to love' is a widespread phenomenon affecting people who tend to fixate on love and relationships as an elixir and always fall in love with the 'wrong' person.
Julia Kathan not only gives an in-depth account of the symptoms of addiction to love, but she also offers solutions and reveals the patterns behind all the repetitions. She shows us how to transform addictive love to true love and encourages and inspires us to change.

JULIA KATHAN

Julia Kathan is a singer and songwriter, was trained as an actor in Germany and Los Angeles and participated in TV and radio productions. She has been a practising Buddhist for 27 years which contributed to her experiencing a transforming introspection. As a love coach, she passes on her own experiences with addiction to love and shows you how to overcome it.

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Lena

Always Newly in Love

Having a Happy, Intimate Relationship

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184 pages, softcover

A unique self-help book for relationships – modern, fresh and authentic just like the author herself

Relationships are all about love, fun, freedom and intimacy – and all of this should be easy and, above all, individual. Lena shows you how to create an intimate relationship specifically for your needs. She does not run things by the book but explains how to create love, let go of norms, avoid distance and fights in a relationship, experience greater intimacy and simply enjoy being together with your partner.

Discover how to love like you want to and how to be happy in your relationship!

By the same author:

»We, the Crystal Children«
168 pages,
paperback with flaps

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SOUTH KOREA

LENA

Lena was born in 1986 and is one of the first crystal children. She completed state school and passed the Abitur like a normal child, but she has always felt alone and misunderstood. After the Abitur she remembered who she is, found her mission and began to live it. Today Lena works in the field of animal communication and helps teenagers find their life-task and dream job.

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192 pages, softcover

Jessica Lütge

Love Your Creativity

Let Your Inner Artist Smile

A journey to your creativity

Each one of us is creative and has an inner artist – but when did you last give it your time, space and trust? Together with Jessica Lütge, you will go on a pilgrimage to yourself and meet your inner artist. It will open up new perspectives to you and lead you to colourful inner landscapes where you will become more aware of yourself. Eventually, you will find your great inner treasure: your own spontaneous creativity that can be so enriching to your everyday life.

Finally, your inner artist will fully blossom – look forward to it!

JESSICA LÜTGE

Dr. Jessica Lütge is a pedagogue, primary school teacher and a counsellor. In her work, she focuses on providing a secure space where children and parents experience appreciation, loving security and joy.

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Kurt Tepperwein

The Way We Love Today

The Secret of Fulfilling Relationships

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248 pages, paperback

Recipes for having a mature relationship

Kurt Tepperwein reveals the secret of happy relationships and shows how to successfully overcome problems in long-term relationships. He points out proven strategies to solve messed up situations and crises and provides useful advice to create a fulfilling love relationship.

Learn how to have a harmonious relationship where the wellbeing of both partners comes first. Discover how to live a beautiful, fulfilling everyday life, learn to see the other one's quirks as enriching, strengthen things you have in common and create magical moments. Your successful, conscious path to a happy, fulfilling relationship!

KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

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PERSONAL DEVELOPMENT:

INNER WISDOM

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208 pages, completely coloured,
numerous pictures, softcover

Johanna Tippkemper & Aenne Schrag

Light Crystals

The Healing Energy of Geometric Forms

Building blocks of the primal matrix

We are surrounded by the vibrations of many different energy forms in our world, and as living organisms, we are connected with all of these energy forms.

Discover how to make use of this energy and transmit healing vibrations to the human organism. To this end, this book offers a complete description of symbols and light crystals of holy geometry with their healing characteristics. Using them, we can harmonize dissonances and activate energies to keep humans and nature in good health.

There is no limit to the use of healing geometric symbols and light crystals – they open the door to something completely new.

AENNE SCHRAG

Aenne Schrag is a certified Feng Shui counsellor and completed several trainings in energy work. The author lives in Düsseldorf and has been occupied with the Earthkeeper Crystals for quite some time.

JOHANNA TIPPKEMPER

The author is an architect for healthy building and living. In 1990, one of her 3 children died, and this fate dramatically changed her life. Profound questions about the meaning of life led her to her spiritual path.

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CD, ca. 50 min. + book 40 pages

Jessica Lütge

Love Your Pounds and You Will Lose Them – Audio-CD

An Easy, Loving Way

Losing weight in an easy, loving way
Jessica Lütge's holistic, relaxed and loving method makes it easy to reduce weight step by step – without stress or cravings.
A unique method enabling you to start off into a light and breezy life. You will uncover your real needs behind the extra weight, you will get stronger, and the pounds will just drop off along the way.
Finally you will reach your dream weight!

'With this CD, you can reach your desired weight in a gentle, loving way.'
Jessica Lütge

JESSICA LÜTGE

Dr. Jessica Lütge is a pedagogue, primary school teacher and a counsellor. In her work, she focuses on providing a secure space where children and parents experience appreciation, loving security and joy.

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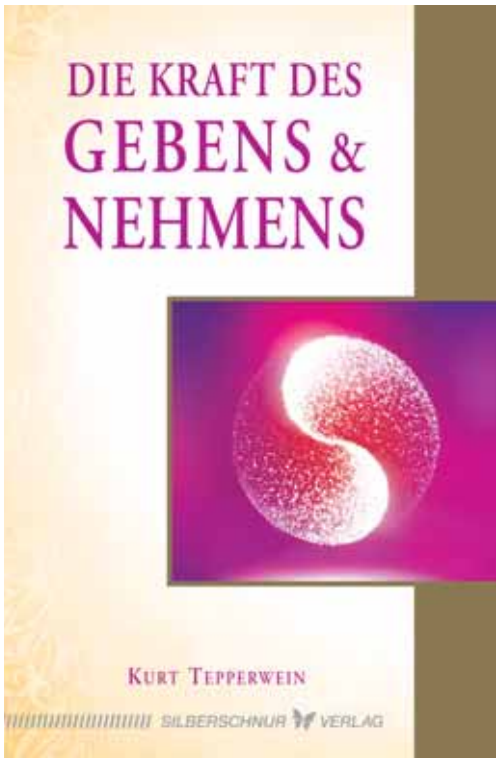
PERSONAL DEVELOPMENT:

SELF–HELP



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152 pages, softcover

Kurt Tepperwein

The Power of Give and Take

The spiritual law of harmony and balance

Everything in life depends on the balance between give and take. When the scales lose their balance, the resulting imbalance affects physical, interpersonal, social and spiritual aspects.

Kurt Tepperwein shows us how to open up to the law of harmony and balance in everyday life and align with the universal principles. Discover how to tap into the healing source of give and take and walk through life with ease.

KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress.

He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

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Claire Avalon

The 12 Universal Rays

Creative Forces that Shape Our World

How to make intelligent use of the 12 universal rays
In this book, Claire Avalon shows us how the 12 universal rays and the Atlantic priests can help us change everything and create all we need for a successful life. With the principle of creation, precipitation, and the help of the spiritual level, each one of us can develop 'creative intelligence' and influence the process of creation.
A practical life guide to awareness, growth and the divine plan ...

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320 pages, with a coloured part,
flexocover

CLAIRE AVALON

For more than 20 years, the author has worked as a medium for the Masters of the Great White Brotherhood, especially for the Ascended Master El Morya. The science of cosmic rays, also known as esoteric psychology, is the foundation of her work which comprises coaching, courses and workshops.

By the same author:

»The Rays of the Ascended Masters«
212 pages, incl. 4 four-coloured pages,
paperback

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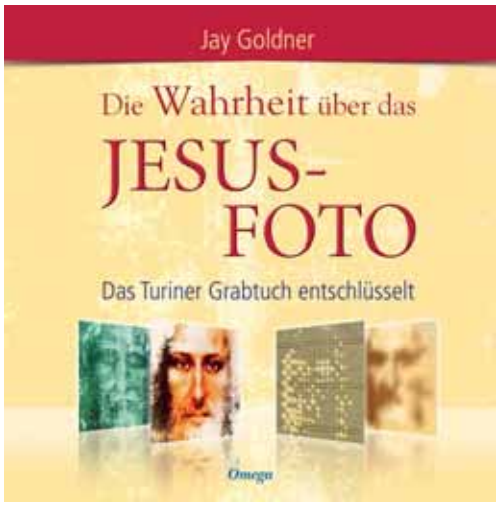

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216 pages, hardcover

Jay Goldner

The Truth about the Jesus Photograph

The Shroud of Turin decoded

The biggest secret in human history finally revealed!
Hundreds of studies were conducted, a thousand of books written and millions of times the question asked: Was the body of Christ really wrapped in this shroud? Is the face we can see on it really Jesus Christ? This book is a sensation: for the first time and beyond all doubt, it proves the authenticity of the shroud.
Jay Goldner reveals his stunning discovery in detail and shows that the sheet is not only authentic but also represents Jesus Christ. And he proves scientifically that the Jesus shroud is the first 'photograph' in world history! This is the key to understanding one of the biggest mysteries of human history ...

JAY GOLDNER

Jay Goldner is the author of a dozen books about paranormal phenomena, a long-standing crop circle researcher and an international speaker. As a graphic artist and designer, he designed relevant major exhibitions. In the Austrian Salzkammergut, he manages his own holistic Studio Phoenix.

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SPIRITUALITY & ESOTERICISM

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192 pages, softcover

By the same author:

»Past Life Regression As a Tool for Self-Help«
160 pages, paperback

WORLD RIGHTS AVAILABLE

»Reincarnation – Former Lives and Their Effects«
136 pages, paperback

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Trutz Hardo

The Phenomenon of Coincidence

The Messages of Life Decoded

It is not a coincidence that you are holding this book in your hands. In your life, you most probably already came across so-called 'coincidences', wondered about them, but intuitively knew that there can be no such thing as a coincidence.
Trutz Hardo researches the phenomenon of coincidence and studies coincidental encounters and events. He reveals the causes of seemingly coincidental events, showing why coincidences simply do not exist. One question, however, still remains unanswered: Who pulls the strings in the background? Who are those coincidence jugglers interfering with our life, and why do 'coincidental' events happen in the first place? Embark on an exciting expedition with Trutz Hardo ...

TRUTZ HARDO

He is regarded as Germany's best known past life regression expert. Millions have seen him on TV where he successfully guided persons into their past lives. His past life regression courses are attended by people from all over Europe. The writer lives in Berlin and works all over the world.

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144 pages, softcover

Susanne Neuenschwander

Cosmic Reorientation in the Butterfly Age

A useful book about the topics of our time

We are in the midst of a cosmic reorientation, our earth is transforming and we are changing too.

White Eagle is there to help us go through this process. He and other masters highlight our current situation on earth and show us what is to be done. They explain how to live a self-determined life and create space to step out of the old system that suppresses our spirit and our free will.

Guided by White Eagle, each one of us will be able to successfully follow our own path and actively take part in the transformation of our time. So let us embark on the journey.

SUSANNE NEUENSCHWANDER

Susanne Neuenschwander (*1974) received a seven-year training in at the Naturheilzentrum 'TAWA' and is experienced in healing work. During her numerous stays with the Indian Navajo tribe in Arizona, she was taught the shamanic wisdom of the Indians. Today she lives in Berne and offers medial coaching enriched by her shamanic knowledge.

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SPIRITUALITY & ESOTERICISM:

ANGELS

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128 pages, 2-coloured, softcover

Bernadette Saphira Huber

My Goals, my Guardian Angel & Me

With Your Angel, You Can Do It All

The more we trust in the help of the angels, the more freely we can look forward to a happy future

Bernadette Saphira Huber shows you how to reach the goals of your heart together with your guardian angel. She reveals how to establish contact with the world of the angels and explains how to give your guardian angel the opportunity to create your life in unison with you. Her useful instructions clearly show you how your angel supports you in reaching your goals.

Together with your guardian angel, you will become the creator of your world. In this unbeatable team, you can reach all your goals in life.

BERNADETTE SAPHIRA HUBER

Bernadette Saphira Huber was born in Bavaria, where she still lives today. The sensitive spiritual poet writes for children and grown-ups alike. Her lucid contact to the spiritual world and her gift to write poetry enable her to remind and touch people through creativity.

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SPIRITUALITY & ESOTERICISM:

ANGELS

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88 Seiten, hardcover

Jennidee Mills

Conscious Colouring

Angels, Elves & Mystical Creatures

Step into the magical realm of the angels & elves, mystical creatures full of imagination and poetry!

If you are into colouring as a hobby und if you love angels and elves, you will love this book!

More than 30 beautiful, merry and dreamy templates of magical female creatures invite you to colour them. Each picture comes with a poetic text and there also is a lot of space for your own thoughts and ideas.

Treat yourself to a creative break from everyday life and set your creativity free. You will not only have lots of fun doing it, but negative emotions and stress will simply disappear, leaving you with a feeling of wellbeing and inner peace.

JENNIDEE MILLS

Australian artist Jennidee Mills has enjoyed colouring and drawing since childhood. She works with several drawing techniques and also offers applique and quilting. In her home country, she has also published the colouring book 'Colour Your Life' and several articles about creative work.

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SPIRITUALITY & ESOTERICISM:

ANGELS

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152 pages, paperback

Nicole Andersch

The Art of Spiritually Accompanying Our Children

Happy Child Souls through Holistic Education

Raising children from a spiritual perspective

When we are children, the foundations of our future personality are laid. This book invites you to discover how to support your child in the best possible way to make sure he or she will be confident and content in life.

In a practical, realistic way, graduate pedagogue Nicole Andersch describes a holistic education that prioritizes children's inner life and feelings. You will find out how to accompany your child on his or her path of development based on their personality and how to help them live their own destiny. With the groundwork of this education, your child will find his or her place in the world and lead a meaningful, happy life.

NICOLE ANDERSCH

Nicole Andersch, born in 1979, is married and mother of two children. After completing her trade manager training and studies in education, she worked as a freelance lecturer with children with a reading and spelling disorder, gave lessons to teenagers and assisted young people during their training.

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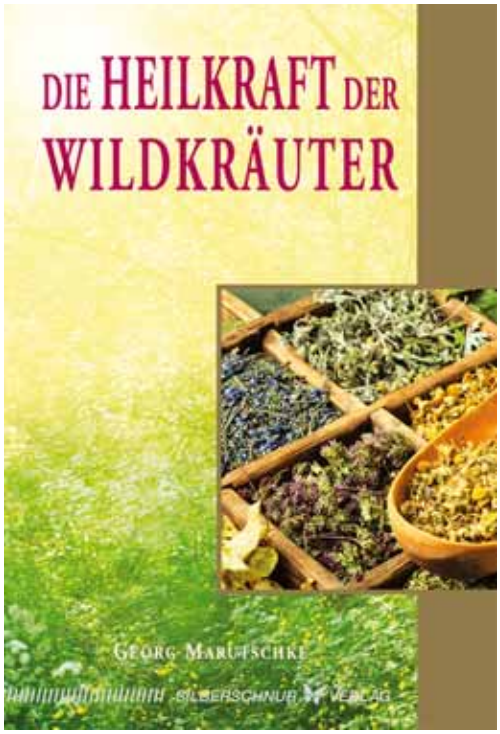
ART OF LIVING:

HUMANITY & NATURE



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OPTIONS: FRANCE · ITALY

208 pages, paperback

Georg Marutschke

The Healing Power of Wild Herbs

Wild herbs – Nature's medicine

Many plants overlooked on the wayside or even denounced as weeds not only taste good but also possess unimagined healing powers. Georg Marutschke shows us what wild herbs can really do. He portraits the 25 most important healing herbs and describes where to find them, when and how they should be harvested, how they should be processed and what kinds of diseases they are helpful against.

Tasty cooking recipes with wild herbs complete the book.

For all those wishing to revert back to pristine nature, this is a practical herb, cooking and healing book.

GEORG MARUTSCHKE

After a major heart attack, Georg Marutschke healed himself just by exercising and changing his diet to wild herbs, which led him to do extensive research about the topic and inspired him to relentlessly remind us of the power of "God's pharmacy".

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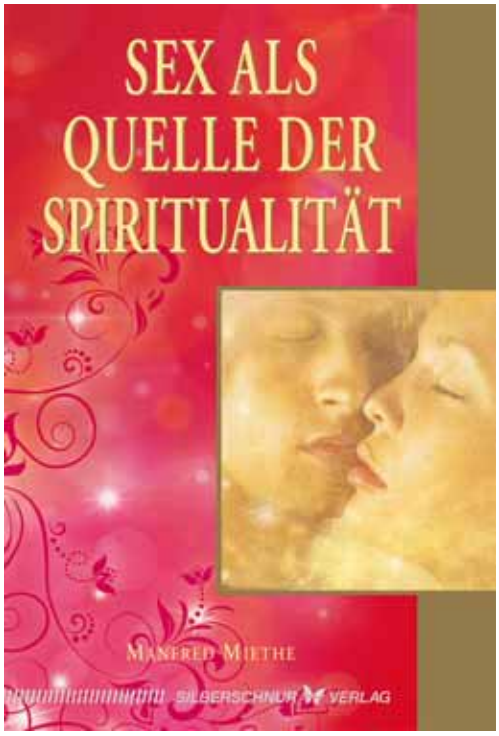
BODY, MIND & SPIRIT:

PSYCHOLOGY



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192 pages, four-coloured, paperback

Manfred Miethe

Sex as a Source of Spirituality

Spirituality and sexuality
A spiritual book about sex? What's more, without tantra, Kama Sutra, or taoist bedroom secrets?
Manfred Miethe knows how to elevate the notion of sex to the experience of love as the highest power of the universe. He shows us that spirituality and sexuality aren't opposites – they rather complement each other and lead us to our highest purpose. Discover the spiritual power of your sexuality, raising you above the limits of your body and leading you to the experience of the divine.

MANFRED MIETHE

Manfred Miethe, born 1950 in Hamburg, is a Swiss-German philosopher, writer and translator. He lives in Wilderswil in Switzerland and is married with four daughters and four grandchildren. In addition to his writing he is dedicated to meditation, qigong and his grandchildren.

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160 pages, paperback

Sigmund Schuster

Sleeping Healthy with the Healing Power of Wood

Creating a Vitalizing Sleeping Place

The reason why your sleeping place decides about your health ... This book explores the ethereal foundations of life and the way wood influences our health. Wood engineer Sigmund Schuster describes how every sleeping place can be transformed to an energetic place that positively affects our well-being and health. He shows us how to use the power of nature and bundle the light-force of the tree and the healing power of the wood in our sleeping place. Practical tips to organize a life-sustaining sleeping place with all its positive effects on our soul and health help us use our sleep to heal our body and spirit.

SIGMUND SCHUSTER

Sigmund Schuster (*1954) studied timber engineering and is a construction biologist certified by the Institut für Baubiologie + Ökologie IBN. As an independent contractor in the field of wood, green buildings and construction biology, he has dealt with the subtle spiritual foundations of life and the way wood influences our health and well-being for many years.

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PERSONAL DEVELOPMENT:

BUSINESS

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192 pages, flexocover

By the same author:

»Live Your True Vocation«
192 pages, paperback

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Guido Ernst Hannig

Yes! The Job that Really Suits Me Exists!

Professional Success and Fulfilment with the WLS Sense Compass

Professional reorientation with the WLS compass
Are your ready for a professional change?
With "Work-Life-Sense" (WLS), successful job counsellor Guido Ernst Hannig helps you make your vocation come true. He leads you straight back to your wishes, dreams and talents and helps you translate them into concrete, achievable goals.
Whether it's about an outplacement, the next career step or the implementation of a new business idea – the WLS method supports you during your professional reorientation.
On your way to your true calling, this book offers new perspectives and provides you with useful tips to turn your calling into a career and finally find professional success and fulfilment.

GUIDO ERNST HANNIG

For more than a century, the graduate in business administration and industrial manager worked for organizations in the financial services sector. Then he followed his vocation and was trained as a holistic coach and counsellor. Today he works as a spiritual job coach for vocation issues.

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PERSONAL DEVELOPMENT:

BUSINESS

Olivia Moogk

energyflow – Boost Your Success

Get Your Business Going

More successful than ever with energyflow!
Give your business an energy boost! Small tricks with a big impact make every business a success – Olivia Moogk shows us how.
The successful entrepreneur explains the qi factor, the essence of a rich wealth of fengshui knowledge. She provides you with a step-by-step guide to gain a new perspective on your surroundings and yourself. Numerous practical tips not only help you organise your workplace but also show you how to boost creativity in your business and foster cooperation. Even the right stationery and a well-designed business card can contribute to success.
Olivia Moogk points out how small changes can have big effects and how to ride on the wave of success.

OLIVIA MOOGK

For many years, the author has studied Eastern philosophy and Traditional Chinese Medicine. She studied Feng Shui in China and offers substantiated education in this field. She is a co-founder of the »International Feng Shui Association« based in China, headed by Prof. Wang.

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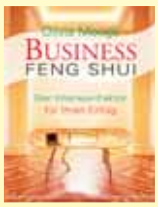
256 pages, four-coloured, flexocover

By the same author:



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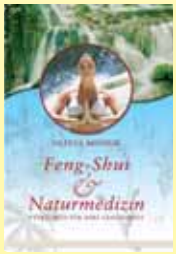

»Feng Shui & Natural Medicine«
192 pages, four-coloured, hardcover

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PERSONAL DEVELOPMENT:

INNER WISDOM

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176 pages, two-coloured, paperback

Franziska Krattinger

What Jinxes Cling to and Lucky Devils Build on

Everything Starts Small and Ends Big

Many of us already know that we shape our life with the power of our thoughts and feelings. Positive thinking is popular. In theory, this sounds good, but applying it in everyday life isn't easy because people are stuck in old ways of thinking and feeling.
Franziska Krattinger describes our stumbling blocks, also known as habits, and offers solutions. The possibilities we have to improve our attitude towards life are surprisingly simple, effective and easy to implement for everyone ...
A small book with a big effect because it sparks the power of positive thinking within us!

FRANZISKA KRATTINGER

(† 2013) From her earliest adolescence, Franziska Krattinger had been able to see the auras of people and animals. This brought her insights about the interaction of all things. For 20 years, she successfully used her abilities to counsel people of many professions. She also offered courses about enhancing your life and con

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PERSONAL DEVELOPMENT:

INNER WISDOM

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160 pages, two-coloured, paperback

Georg Huber

Dissolve Your Limitations – Experience Healing

7 Steps to Freeing Your Soul

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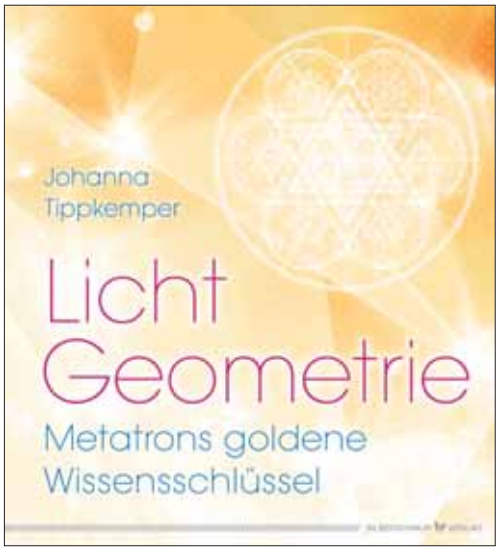

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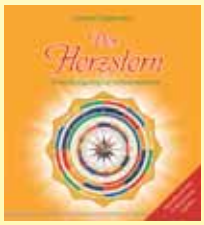

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Micha Steinhauer (* 1954) is a freelance artist and developed the Phantasiothek, a mobile fantasy and play park. Also, he is a co-initiator of the initiative "GAIA – EIN NEUES WIR" and together with many others, he is planning the construction of a pioneering green village.

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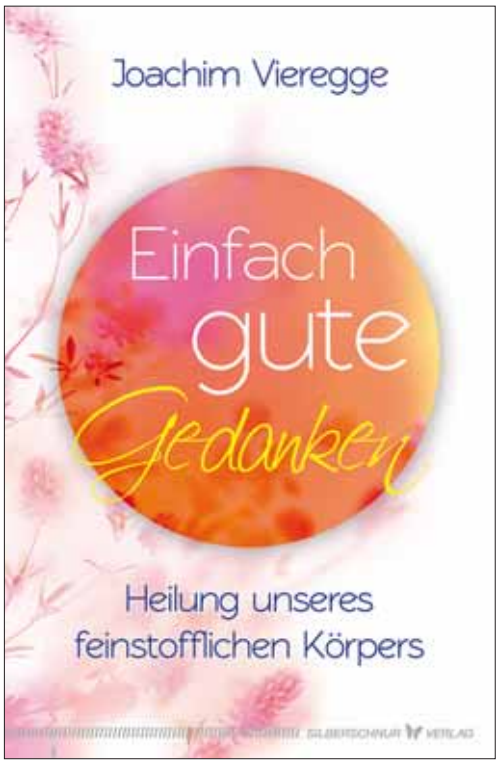

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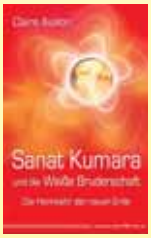

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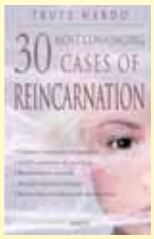

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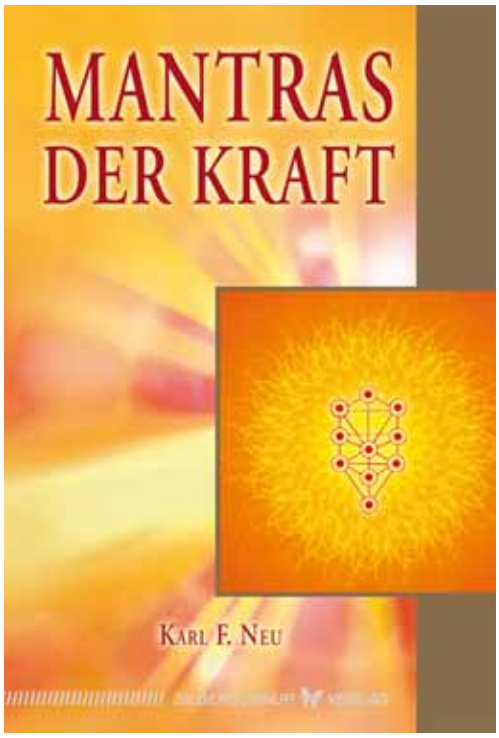

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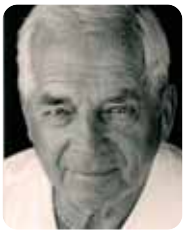

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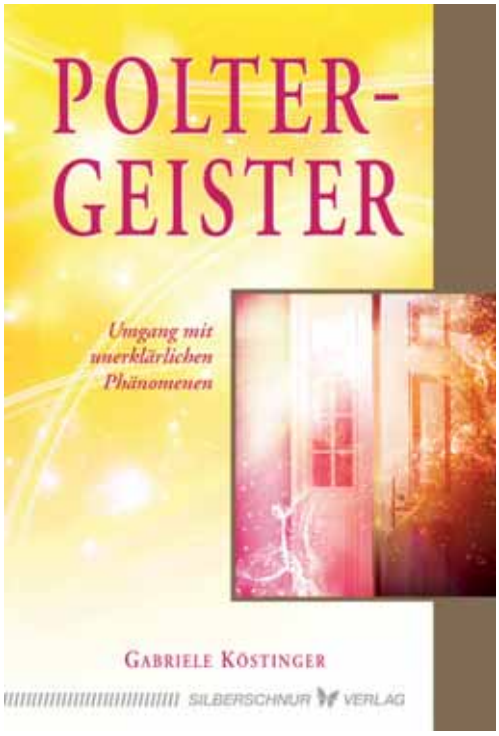

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Ingrid Theresia Bleier is a spiritual teacher and guide, traditional healer, Elohim medium and visionary as well as an author and maker of New Age essences. She lives and works in Starnberg near Munich.

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BERND SENF

Bernd Senf is a professor of economics, a life energy researcher and a bio-energetician. He is committed to identifying the root causes for obstructed life energy and the fundamental basics to overcome them, allowing it to unfold more and more.

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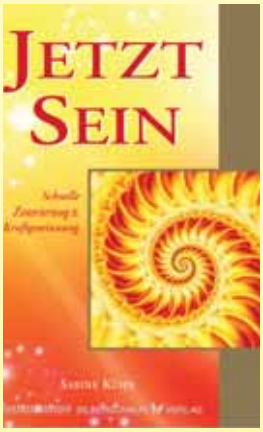

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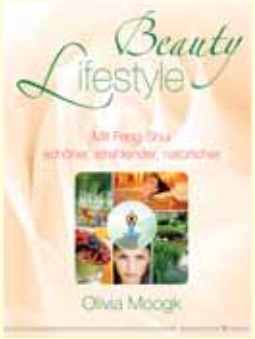

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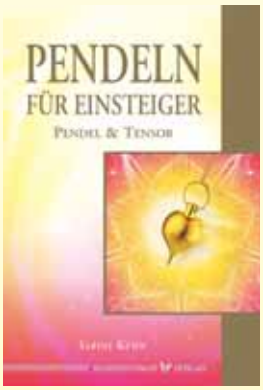

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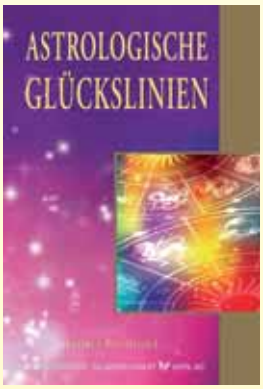

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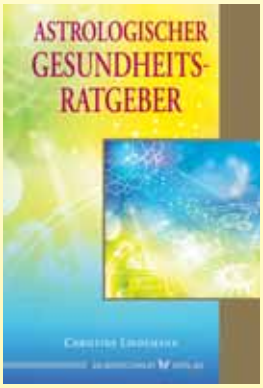

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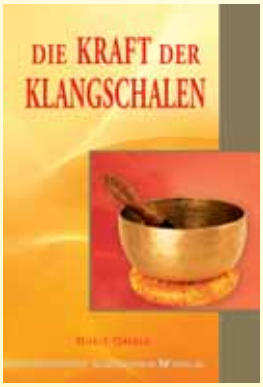

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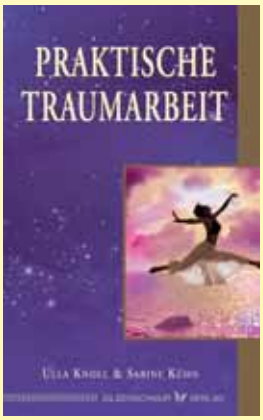

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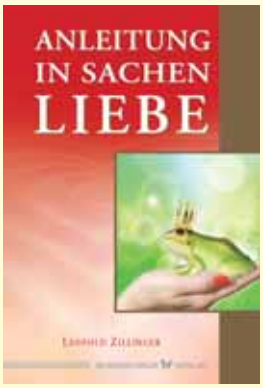

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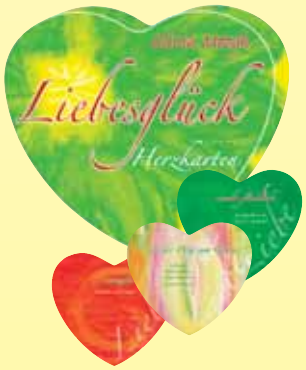

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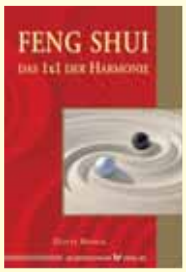

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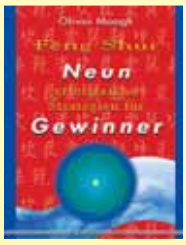

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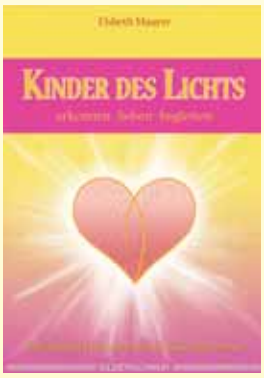

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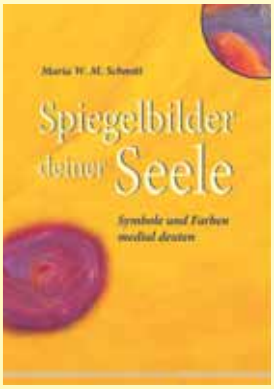

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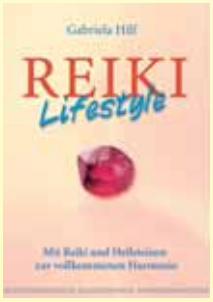

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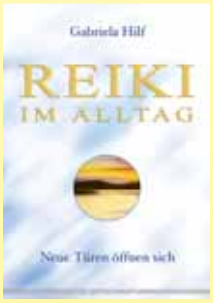

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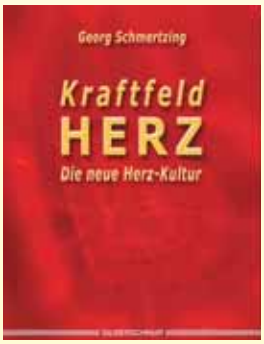

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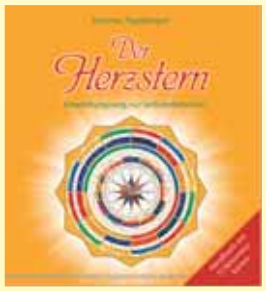

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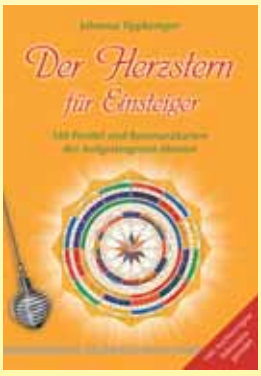

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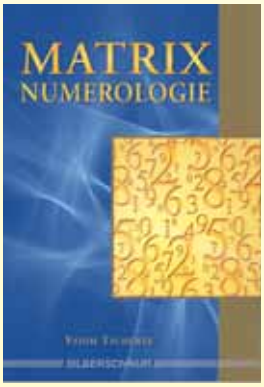

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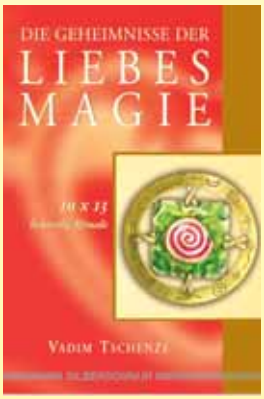

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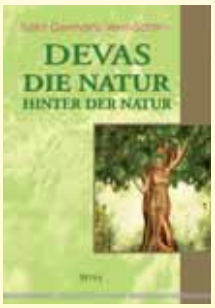

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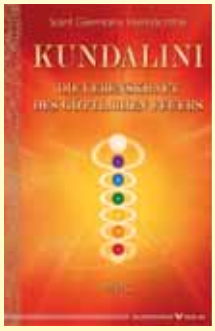

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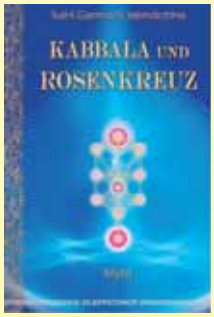

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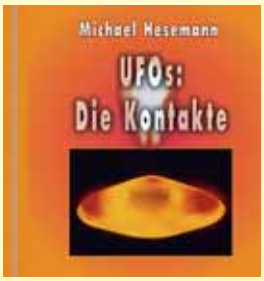

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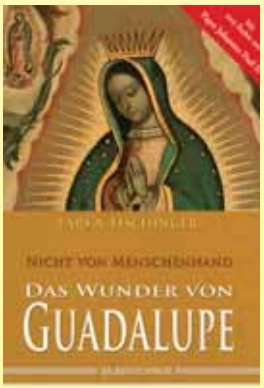

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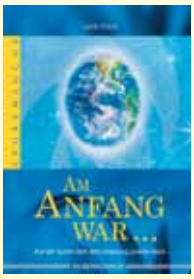

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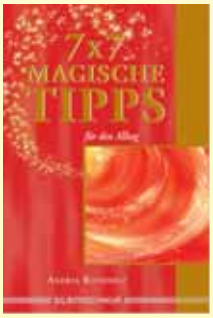

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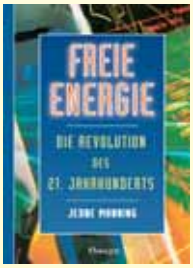

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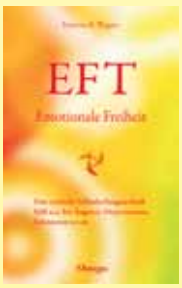

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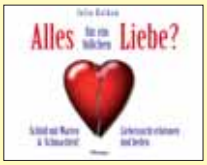

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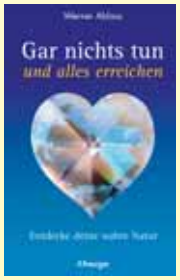

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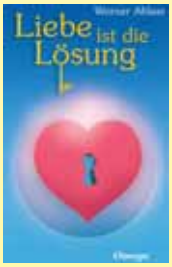

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